



BECOME A VOLUNTEER



Support our Communities through Engagement and Action

By volunteering at the YMCA of Metropolitan Chicago you help us advance our mission of strengthening communities by connecting all people to their purpose, potential and each other. Through our 14 membership centers and dozens of partner sites, the Y serves more than 300,000 individuals each year.

Volunteers can contribute by sharing their skills, expertise, and passion for the Y's mission. Each year, thousands of youth and adults across Chicagoland volunteer their time to support and enhance the Y's life-changing programs and services in the areas of learning, health and wellbeing and community development. Corporate teams and other groups of volunteers also play a huge role in our work, contributing more than 12,500 hours of service annually. We hope you will consider partnering with us and contributing to a healthier, more equitable Chicagoland!

OUR VOLUNTEER LOCATIONS

Buehler YMCA | Palatine

Elmhurst YMCA | Elmhurst

Foglia YMCA | Lake Zurich

Fry Family YMCA | Naperville

Greater LaGrange YMCA | LaGrange

Hastings Lake YMCA | Lindenhurst

Indian Boundary YMCA | Downers Grove

Irving Park YMCA | Irving Park, Chicago

Kelly Hall YMCA | West Humboldt Park, Chicago

Lake View YMCA | Lakeview, Chicago

McCormick YMCA | Logan Square, Chicago

Rauner Family YMCA | Little Village, Chicago

South Side YMCA | Woodlawn, Chicago

Sage YMCA | Crystal Lake

For more information, contact volunteer@ymcachicago.org or learn more on our website at ymcachicago.org/volunteer.

PROJECTS WHERE HELP IS NEEDED

CORPORATE AND GROUP VOLUNTEER OPPORTUNITIES

► COMMUNITY EVENTS

PRODUCE DAYS: Volunteers can help distribute fresh food to neighbors facing food insecurity at two of our locations — Kelly Hall YMCA and McCormick YMCA. These distributions take place weekly and provide a meaningful engagement opportunity while addressing a critical community need.

SERVICE PROJECTS: We're always looking for volunteers that are willing to help the Y in beautifying our spaces for the benefit of the community. Projects can include landscaping, painting, assembling and installing furniture and garden boxes, and stenciling or decorating outdoor play areas.

► SEASONAL OPPORTUNITIES

ADOPT A CLASSROOM: You and your colleagues, family, or friends will be paired with one of the Y's Early Education Learning Center classrooms to provide toys and seasonal gear to children from low-income communities. Adopt a classroom in the winter or the summer, the choice is yours!

HEALTHY KIDS DAY: Hosted annually in April, Healthy Kids Day events take place across numerous Y locations and volunteers can assist in facilitating sports, games, healthy snacks, and more to encourage kids and families to get active while having fun.

HALLOWEEN AT THE Y: Hosted annually in October at dozens of Y locations, our volunteers help to provide a safe, fun, and sometimes-spooky Halloween experience for local families.

YOUTH ACTIVITIES: Spend a day with tomorrow's movers, makers, and leaders! Read to a classroom, prepare an enriching STEAM workshop, or create a fun and active obstacle course. These activities are only available during the late afternoon hours throughout the school year, as well as during the daytime throughout the summer.

► LEADERSHIP OPPORTUNITIES

ASSOCIATE BOARD: The YMCA of Metropolitan Chicago's Associate Board is an engaged group of emerging business, professional, and civic leaders working collaboratively to advance the Y's efforts to develop stronger communities. Leveraging their personal and professional skills and networks, members build awareness of the Y's mission, raise funds through special events and campaigns, and engage through volunteer projects. We are seeking additional young professionals to join us!

For more information, contact volunteer@ymcachicago.org or learn more on our website at ymcachicago.org/volunteer.

YMCA of Metropolitan Chicago | 312-932-1200 | ymcachicago.org

